

## Camp Adventure Patch

As a registered Girl Scout individual or Girl Scout Troop you can earn the Camp Adventure Patch by visiting each of Girl Scouts of Central Indiana's five camps. You can buy the patch for that camp or wait and buy all five at once. All the patches are available at the GSCI Indianapolis shop or call ahead to have them at your nearest Pop-Up shop.

As you prepare to visit the camp of your choice, make sure you look through the requirements for that camp before heading out. Some requirements may need items to be brought from home to be fulfilled.

You can also add in the requirements for each grade level to help you earn the "It's Your Planet Love It" journey as you visit each camp. You can buy the journey badges from the shop as well.

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### Camp Dellwood, located at 2301 N. Girl School Road Indianapolis, IN 46214

1. Hike the Wildflower Trail. The hike may take a couple of hours, so bring water and a snack. You can download the wildflower trail guide [here](#).
2. As part of the wildflower trail, you'll encounter a memorial to the Brownie Tree. Read the plaque.
3. Walk along the Fitness Trail. Challenge yourself to try each piece of equipment you come to! Which one was your favorite?
4. Visit the Old Union Cemetery. Did you know there's a patch for the cemetery? Pick an activity from the patch curriculum to do while your visit. [Old Union Cemetery Patch Curriculum](#)
  - a. Example: Rubbing of the headstone: Grab a piece of construction paper and a crayon. Place the paper on the front of a headstone. Take the crayon and gently rub the paper to capture the name and symbols on the headstone. Share with your troop your rubbings and explain why you chose that headstone.

5. Look around camp and identify at least five different types of trees. Use a tree book to help you identify them.
  6. Learn the Dellwood song. Check with the showcase for the words.
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**Camp Gallahue, located at 6857 Bear Creek Road Morgantown, IN 46160**

1. While you're at Camp Gallahue, make a dessert over the fire.
    - a. Example: Dutch oven cobbler: Place a can of pie filling in the bottom of a Dutch oven. Add a box of cake mix, (any flavor). Do not mix it with eggs, water or oil. Use it completely dry. Sprinkle pieces of butter on top. Place in the coals with lid on. Place coals on the lid to bake from both the top and bottom. Check after 15 minutes. Bake until brown and bubbling.
  2. Visit each campsite. Compare and contrast all of them. Why would each have a different theme?
  3. If you have a lifeguard available, try canoeing at the lake, swimming, or just relaxing at the beach. If you don't, try and identify the different animals who rely on the lake (home, food, etc.).
  4. Try hiking the Hills of Gallahue, or parts of it. Create a plan! This hike is seven miles long so it can take several hours.
  5. Visit the amphitheater. Put on a skit, sing camp songs, or perform a dance!
  6. Pack a lunch and have a picnic on the dam. Can you identify the official name of the lake?
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**Camp Ada, 4731 W. CR 600 S. Spiceland, IN 47385**

1. Camp Ada has two sets of woods, the Big Woods and Small Woods. As you walk the trails through each one, note the many insects and animals you see and hear. Try to identify at least three new animals/insects.
  2. Hike the Turkey Trot Trail.
  3. Try one of the games the camp has available. Gaga pit, team building course, and/or the rope runners.
  4. Draw or paint a picture of a scene or object at Camp Ada. Use charcoal, water paints, or some other style.
  5. As you hike the Turkey Trot trail, you will learn about the history of the camp. In addition to following the Turkey Trot trail guide, stop and read some of the signs around the camp property that may go into more detail about the history of the property.
  6. Play freeze tag (or similar game) in the open field outside of Marcy's Manor.
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**Sycamore Valley Camp, 8439 SR 26 E. Lafayette, IN 47905**

1. Hike to the Mary Rutter Memorial. Take a lunch or snack to sit and look out over the hillside. Mary's husband Donald dedicated the memorial with these words:

*"This quiet place we dedicate,  
Her love for us we consecrate,  
Her smile will creep into our mind,  
She'll find peace if it's there to find,  
Our Mary Aubrey Keeney Rutter."*

2. Try your footing on the rope bridge. Your troop can time each other and see who is the fastest to cross. Try different ways of walking across.
3. Slide down the black hole slides between the Lodge and the A-Frames Unit.
4. Hike the Hysong Trail (begins by the cell phone tower at the top of the hill) and find the suspension bridge. Walk across the suspension bridge and follow the nature trail to the Observation Deck. What do you see?
5. Play mini golf, bocce ball, or ladder ball in the games area next to the pool.

6. Hike to Wild Cat Creek and explore the creek bed. Go creek stomping if the water is not too high.
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**Camp Na Wa Kwa, 7865 E. CR 300 N. Poland, IN 47868**

1. Hike past the archery range, past the secret meeting place, and find the fossil creek bed.
2. On your way to or from the fossil creek bed, stop by the secret meeting place and have a campfire or tell stories with your troop.
3. Find the wooden bridge on Pio Trail and walk across it.
4. Hike the main trail (follow the gravel road) past primitive unit and visit Peanut Butter Pond. What animals can you see and hear?

**Additional Activities utilized "It's Your Planet, Love It" Journey**

*Girl Scout Daisies- Between Earth and Sky*

You can do these activities at different camps and you'll be able to put it toward earning your Journey badge.

- Take a hike thru camp.
- Look for shapes in nature. As a group, decide on one shape or type of object to look for. When you are done, have everyone talk about their objects. Why did they pick it up?
- Explore colors in nature. Either take a free paint swatch from a paint store or have the girls color squares of their favorite colors on a piece of white paper. Use that to find the color in nature.
- Hike and look for seeds from trees and plants. Seeds sometimes stick to their clothes. Acorns and nuts are also types of seeds.
- Bark rubbings- use construction paper, a roll of masking tape, and crayons. Try different trees to get a variety of rubbings.
- Look for different textures. Soft, rough, hard, pointy, rounded, something that goes crunch, goes swoosh, smooth, shiny.

### *Girl Scout Brownie's- Wonders of Water*

Please use the following activities as you visit each of our camps. Choose different activities for the different camps.

- Check the faucets at camp, to see if any have a leak.
- Measure your body weight in water weight. Weight in pounds X .65= your water weight.
- Eat a cool watery treat:
  - Watermelon cooler: 2 cups of watermelon chunks (no seeds), 1 cup of ice, ½ C. of plain yogurt, ½ Tablespoon honey, pinch of ginger, few drops of almond extract. Put all in a blender, blend until smooth.
- Peppermint iced tea
  - Put 2 peppermint tea bags in a pitcher, have an adult add 4 cups of boiling water. Let steep for 3 minutes. Stir in a teaspoon of honey, if desired. Refrigerate, when cool, pour over ice. OR on a sunny day, use cold water instead of the hot. Place the pitcher (glass) in the sun and let the tea brew for no more than 3 hours.
- Only use reusable water bottles. Don't use plastic.
- Explore the creeks at camp. Where does the water come from that flows thru the creeks?
- Map your water of wonders. Make a map of our council, label the camps, and add in where the water is at each camp. Or take pictures and make a collage of the different camps and their water sources.

### *Girl Scout Junior's- Get Moving*

Choose different parts of the activities to do as you go out to the different camps.

- Try going off the grid for your stay at camp.
- Try carpooling, don't use electricity, and use reusable dishes and silverware. Use a flashlight or lantern, play games, or read in natural light or with a flashlight.

- Eat energizing foods. Try a walking apple salad: core an apple, mix peanut butter with chocolate chips, and put it in the cored apple. Eat some trail mix, mixed berries, or hot apple cider after a hike in the woods.
- Go star gazing. Explore the difference of light pollution at each camp.
- Make sure the area you're staying in is not wasting energy or water. Perform an energy audit at some of the camp buildings. Report your findings to the camp ranger.
- Observe animals in their natural habitat. How do they live and communicate? Can you compare animals with humans on conserving energy?
- Plan to wear clothes that'll keep you warm in the cool weather or cool in the hot weather. Figure out the best type of clothing for each season in the out-of-doors.

### *Girl Scout Cadettes- Breathe*

They can do all these at each camp to test how each facility differs from the rest.

- Be aware. Do an air log at each facility. Set up a station or make a poster to tell others who visit camp your findings.
- Sound of silence, can you tell which camp has more noise pollution? What is it like to go out in camp and make silent time for yourselves? Log your findings and feelings.
- Take a scent hike.
- Make campfire éclairs. Take a canned biscuit and wrap around a stick. Once cooked through, slide off stick, and fill with either pudding or whipped cream.
- Go bird watching. Watch how the birds fly in the air and how they use their wings differently. Can you tell what type of bird they are by their songs?
- Exam different types of lichen. How does it grow? What does it mean if it is growing in certain areas?
- Only at Camp Na Wa Kwa- Hike along the creek bed looking for fossils (the creek bed is past the old horse barn on the west side of camp). Discuss why we're hoping to use more wind as fuel than fossil fuel.

### *Girl Scout Senior's- Sow What*

They may take advantage of each camp to achieve this journey. It is up to each troop or individual to choose which activities to do at the camp of their choice.

- Cook out with food grown locally.
- S'Mores with a twist- Invent new s'mores or have a s'more off. Whose recipe has the lowest food print?
- Cook using a recipe from "Sow What."
- Have a mystery meal party at camp.
- Make a craft from nature, anything from a pinecone mobile to acorn ornaments.
- Go bird watching at each camp to see if there are different birds at each location. Do pesticides have any effect on the birds at certain camps than at others?

### *Girl Scout Ambassador's- Justice*

By doing the following activities, they'll be on their way to complete the journey.

- Go bird watching and compare flocks of birds to birds in single flight. What is it like to "fly" together with your friends or go solo?
- Try using the herb sage in a meal you cook at camp.
- Work with each camp to promote recycling. Make sure we don't add more pollutants into our soil or water. Before you leave for a camp visit [scorecard.org](http://scorecard.org) to enter the zip code of the camp you will be visiting. This site will tell you what environmental justice is in that area.
- Make sure you do not take plastic water bottles to camp. Use reusable bottles.
- Take a nature hike; agree to walk in silence for at least 15 minutes. Observe sights and sounds look for nature thriving despite difficulties.